

## VIKRAMA SIMHAPURI UNIVERSITY NELLORE -524 324. AP INDIA

## **CRITERION V**

Metric	Following Capacity development and skills enhancement initiatives
5.1.3.3	are taken by the institution (5)
	3. Life Skills (Yoga, Physical Fitness, Health and Hygiene)

S.No.	Life Skills (Yoga, Physical Fitness, Health and Hygiene)
1.	Sensitization Programme on Disability and Mental Health
	Rehabilitation
2.	Yoga for Humanity
3.	National Webinar on "Developing Leadership Qualities in Youth for
	Community Development"
4.	COVID-19 Prevention and Management Need for Appropriate
	Behaviour
5.	Workshop on "Yoga for Unity and Wellbeing"
6.	3rd Asia Pacific Regional Conference on Food Security
7.	International Webinar on Covid-19 Pandemic- Impact on sustainable
	Fishery sector and Global Trade
8.	National Workshop on Switching from Cereals to Millets :Challenges
	and opportunities
9.	National Webinar on "Yoga@Home and Yoga with Family"
10.	Conference on Drug Deaddiction
11.	Yoga Gurus
12.	National Conference on Marine Pollution and Ecotoxicology :
14,	Strategies for Sustainable Ecosystem
13.	National Symposium on Plastic Pollution
13.	rational Symposium on Flasher Onution
14.	Yoga for Harmony and Peace
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